

Archdiocese of Newark

2018 Lenten Regulations

1. The days of both Fast and Abstinence during Lent are Ash Wednesday and Good Friday. If possible, the fast on Good Friday is continued until the Easter Vigil (on Holy Saturday night) as the “paschal fast” to honor the suffering and death of Lord Jesus, and to prepare ourselves to share more fully and to celebrate more readily His Resurrection. The other Fridays of Lent are days of Abstinence.

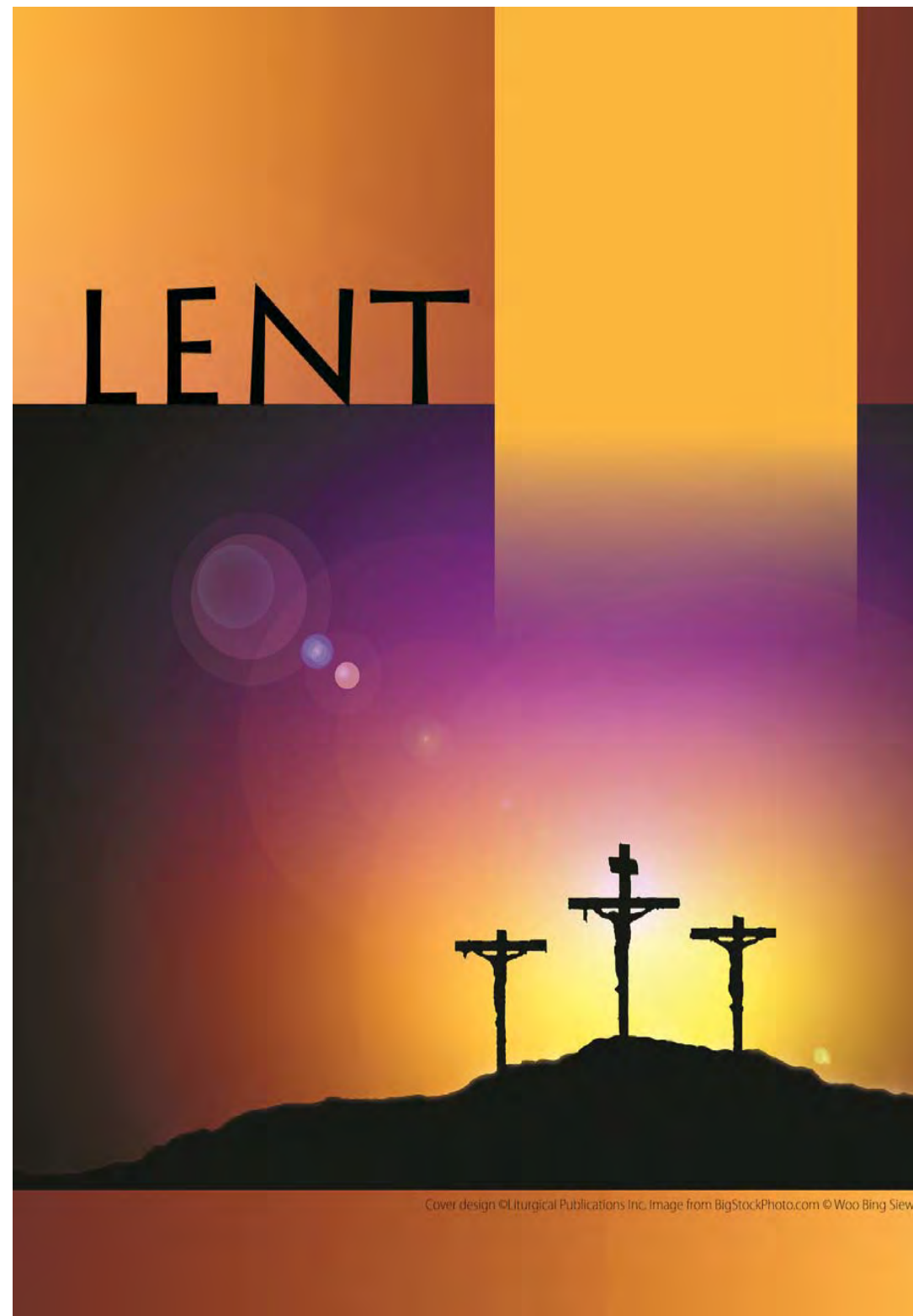
On a day of Fast, only one (1) full meal is permitted, **and two (2) smaller meals, which, if added together, would not exceed the main meal in quantity.**

Those between the ages of 18 and 59 are obliged to fast.

On a day of Abstinence, no meat may be eaten. Those who have reached the age of 14 are obliged by the law of abstinence.

2. The obligation to observe the laws of Fast and Abstinence “substantially”, or as a whole, is a serious obligation.
3. The Fridays of the year, outside of Lent, are designated as days of penance, but each individual may substitute for the traditional abstinence from meat some other practice of voluntary self-denial as penance.
4. The time for fulfilling the Paschal Precept (Easter Duty*) extends from the **First Sunday of Lent, February 18, 2018 to the Solemnity of the Holy Trinity, May 27, 2018.**

*Canon 920, §1. All the faithful, after they have been initiated into the Most Holy Eucharist, are bound by the obligation of receiving Communion at least once a year.



**You are invited
to Join with your Parish Family of
Our Lady Mother of the Church
as we observe and celebrate
the Seasons of Lent and Easter**

Lent 2018

**Ash Wednesday
February 14, 2018**

6:00 am ~ Service with Ashes
8:30 am ~ Mass
12:00 pm ~ Mass
4:00 pm ~ Service with Ashes
7:00 pm ~ Mass

Ashes-To-Go

OLMC ministers will be onsite starting at 6:42 am up to 8:00 a.m. at the WCL train station; bus stop on Pascack Road (near Woodcliff Avenue); and GSP bus stop at the Montvale rest area to apply ashes upon people who cannot get to Church.

Homebound

Ashes will be provided for those who wish to bring them home to family and friends unable to join us for Liturgy.

Stations of the Cross

Will follow the 8:30 am Mass on Fridays during Lent.

Catechesis for Youth and Adults

Is there something God can do for you?

Do you feel alienated by the church?

Is there something missing in your life?

Come and Listen!

Monday & Thursday Evenings at 8:00 pm

"I have come that they may have life, and have it to the full." John 10:10

Deanery Penance Service

The parishes of our Deanery will celebrate the Sacrament of Reconciliation on Monday, March 19, 2018, 7:30 pm, at St. John the Baptist Church in Hillsdale. We hope our parishioners will take advantage of this prayerful opportunity to celebrate God's loving forgiveness and reconciliation.

**St. Patrick's/St. Joseph's
Irish/Italian Dinner Dance**

Join us for a night of celebration in honor of St. Patrick & St. Joseph. Music by Premier Entertainment, fine Italian food with St. Patrick's Day favorites, Saturday, March 17, 2018. Tickets will be sold after all Masses or by contacting Judi in the Parish Office, (201) 391-2826

**Palm Sunday of the Lord's Passion
March 25, 2018**

Masses: Saturday 5:30 pm ~ Sunday, 8:30 am and 10:30 am

We will begin the liturgies outside (weather permitting). The blessing of palm will take place and we will process together as a community into the church.

**Easter
Triduum Schedule**

Holy Thursday, March 29 ~ Mass of the Lord's Supper ~ 8:00 pm

Good Friday, March 30 ~ Passion of the Lord ~ 3:00 pm

The Way of the Cross ~ 7:00 pm

Stations of the Cross with hymns in between sung by our own Susan Furey

Easter Vigil, Saturday, March 31 ~ 8:00 pm

Please note, there is no 5:30 pm Mass. The Easter Vigil celebration will begin on the circular driveway at the front entrance to the church. The lighting of the Paschal Candle will take place there and we will process together as a community into the church.

Easter Sunday, April 1

Masses ~ 8:30 am and 10:30 am